

He who dwells in the shelter of the Most High

Introduction: The One Word That Changes Everything

If one word can describe Psalm 91, that word is **PROTECTION**. In a world full of trials, hardship, and infinite variety—where some moments are beautiful and others are terrifying—people often feel alone and inadequate. But for those who are joined to God, the answer to the question *“Why should I become a Christian?”* is found here.

The psalmist provides a beautiful assurance that God is able to care for His children daily. When life’s problems loom bigger and bigger, the Scripture gives us a anchor. As it is written in **Psalm 91:1-2**:

“He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. I will say to the LORD, ‘My refuge and my fortress, My God, in whom I trust!’”



For the Christian, this verse creates a great sense of security and steadiness, because the power of God is working within each believer.

The Fowler's Snare: Escaping the Devil's Trap

Why do we need this protection? The Psalmist describes the Devil as one who traps birds. The article explains that *"a bird can only be trapped when it is lured from the sky to the ground by some bait that 'looks' inviting."*

Satan tries to trap a person through lies and deceit. He displays his bait and beckons to the naive, "Come down here. Leave your spiritual life with God for just a moment and sample my delights." Tragically, if a person gives in to the Devil's lies and the temptation of sin, the trap will suddenly spring shut and the person is caught.

However, the promise is clear: When the cry for help is made, the Lord will provide a way of escape. As

Paul wrote, no Christian is tempted beyond what he can bear, and James reminded us that trials lead to patience and maturity.

Refuge Under His Wings

In **verse 4**, the Psalmist uses the beautiful imagery of a mother bird:

“He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart.”

The article paints a vivid picture of this safety: *“Chicks find refuge and safety under the mother hen. Regardless of the temperature or conditions, those protective wings provide dry warmth.”* Just as a frightened child crawls into a mother’s lap for comfort, the message is plain: when the storms of life



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strike, each Christian has a place to go for help.

No Christian is left alone or isolated. If you feel alone, forgotten, or unprotected, those feelings are lies. They are simply Satan's attempts to panic people so that they will flee from God.

Confidence Over Fear

One quality all Christians should always have is **CONFIDENCE** in God's protection. A frightened, fearful Christian is a contradiction in terms.

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The Psalmist describes this reality:

“You will not be afraid of the terror by night, or of the arrow that flies by day; of the pestilence that stalks in darkness, or of the destruction that lays waste at noon.”

Times may be tough, but as many Christians have testified, “I know that in the Lord I have an inheritance and a home. I know that God will help me now.”

The Final Promise: God’s Own Words

In the last three verses of Psalm 91, God Himself speaks directly, offering two specific conditions for this protection. The article highlights that a person must love and acknowledge the Lord. Love obviously means an active love that includes obedience.

Here is the divine promise:

“Because he has loved Me, therefore I will deliver him; I will set him securely on high, because he has known My name. He will call upon Me, and I will answer him; I will be with him in trouble; I will rescue him and honor him. With a long life I will satisfy him and let him see My salvation.”

Jesus said the first and great commandment is, *“You shall love the Lord your God with all your heart, soul and mind!”* Once a person is joined to the saving power of Jesus Christ, there is warmth, love, compassion—and protection.

Conclusion

As a Christian begins to grow and live the Christian life, the spiritual quality of that life will become deeper and richer. The final reward of that life will be realized in an eternal home that is so beautiful it is beyond our ability to comprehend.



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That's the promise. Thank you, Lord, for the security we have in you.

Are you dwelling in the shelter of the Most High today? If you feel afraid or trapped, remember that His feathers are spread over you. His faithfulness is your shield.