



## Holistic Well-Being: Navigating Life Through Biblical Health Scriptures Now

Holistic Well-Being: Navigating Life Through Biblical Health Scriptures Now. Healing Scriptures in Psalms: A Source of Comfort and Hope. Are you feeling **hopeless** and **stuck** in your struggles with health issues? Look no further than the **healing scriptures in Psalms**. These powerful words, often spoken by **King David** himself and inspired by the **Spirit of God**, serve as a source of **comfort** and **hope** for those seeking **physical** and **emotional healing**. With the **power of God's word**, you can tap into the healing force that has been available to us all along.

### [Psalm 34:18](#)

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The Lord is close to the brokenhearted and saves those who are crushed in spirit.

### **Psalm 147:3**

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He heals the brokenhearted and binds up their wounds.

**Psalm 30:2**

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O Lord my God, I called to you for help and you healed me.

**Psalm 103:3**

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He forgives all my sins and heals all my diseases.

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### **Psalm 41:4**

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I said, 'Lord, have mercy on me; heal me, for I have sinned against you.'

### **Psalm 6:2**

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Have mercy on me, Lord, for I am faint; heal me, Lord, for my bones are in agony.

### **Psalm 38:5**

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My wounds fester and are loathsome because of my sinful folly.

**Psalm 147:3 (RE-ITERATED)**

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He heals the brokenhearted and binds up their wounds.

Why is Psalm 23 so powerful?

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**[Psalm 23:3](#)**

*He restores my soul. He guides me in paths of righteousness for his name's sake.*



### **Psalm 34:19**

Many are the afflictions of the righteous, but the Lord delivers him out of them all.

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### **Psalm 103:2-5**

Praise the Lord, my soul, and forget not all his benefits— who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's.

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### **Psalm 147:1-3**



## Holistic Well-Being: Navigating Life Through Biblical Health Scriptures Now

Praise the Lord. How good it is to sing praises to our God, how pleasant and fitting to praise him! The Lord builds up Jerusalem; he gathers the exiles of Israel. He heals the brokenhearted and binds up their wounds.

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### **Psalm 51:10**

Create in me a pure heart, O God, and renew a steadfast spirit within me.

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